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Lavinia Wong Senior Clinical Associate (Physiotherapy) School of Medical and Health Sciences Tung Wah Collage Hong Kong

Lavinia Wong has been practicing as a registered physiotherapist in various clinical settings for more than twenty years before she entered into academic teaching. She has extensive experience in community rehabilitation for people with chronic diseases especially in homebased exercise design. She had also been invited as speaker in various seminars and training workshops by local and overseas rehabilitation institutes as well as professional conferences in past years.

With the evolution of tele-rehab, she works with a team of engineers on how to incorporate AI in learning exercise and health monitoring through prescription of appropriate level of exercise and provide immediate feedback on exercise performance for mild to moderate stroke patients in HK.